

Stephen A. Erath  
Assistant Professor  
Human Development and Family Studies  
Auburn University

203 Spidle Hall  
Auburn University, AL 36849  
334-844-3236 / serath@auburn.edu

### **Education**

- 2002 – 2006      Ph.D. Pennsylvania State University  
Major: Child Clinical Psychology  
Minor: Developmental Psychology
- 2000 – 2002      M.S. Pennsylvania State University  
Major: Child Clinical Psychology
- 1995 – 1999      B.S. Texas A&M University  
Summa Cum Laude  
Major: Psychology

### **Professional experience**

- 2008 – present      Assistant Professor, Department of Human Development and Family Studies,  
Auburn University
- 2006 – 2007      Post-Doctoral Research Fellow, Human Development and Family Studies,  
Auburn University
- 2005 – 2006      Clinical Psychology Resident, Department of Psychiatry and Human Behavior,  
University of Mississippi Medical Center
- 2000 – 2005      Research Assistant; Staff Therapist; School-Based Mental Health Consultant;  
Teaching Assistant, Department of Psychology, Pennsylvania State University

### **Grants**

- Erath, S. A., El-Sheikh, M., & Bub, K. L. *Peer stress in preadolescence: Psychophysiological and coping responses*. National Science Foundation. Recommended for funding (\$376,104).
- El-Sheikh, M., Buckhalt, J. A., Keller, P. S., Erath, S. A., & Keiley, M. *Sleep and child developmental outcomes: Physiological and contextual influences*. National Institutes of Health, 2009-2014 (\$3,652,585).
- Erath, S. A. *Social anxiety in early adolescence: Research to inform intervention*. Competitive Research Grant, Auburn University, 2008-2009 (\$6,500).

El-Sheikh, M., Vaughn, B., Erath, S. A., & Buckhalt, J. A. *Childhood stress exposure: Physiological mechanisms of risk and resilience*. Alabama Ag. Experiment Station, 2007-2010 (\$120,000).

### **Peer-reviewed Publications**

Erath, S. A., Keiley, M. K., Pettit, G. S., Lansford, J. E., Dodge, K. A., & Bates, J. E. (provisional acceptance). Behavior-problem predictors of mental health service utilization in childhood through adolescence. *Journal of Developmental and Behavioral Pediatrics*.

Erath, S. A., Flanagan, K. S., & Bierman, K. L., & Tu, K. M. (in press). Friendships moderate psychosocial maladjustment in socially anxious early adolescents. *Journal of Applied Developmental Psychology*.

El-Sheikh, M., Hinnant, J. B., Kelly, R. J., & Erath, S. A. (in press). Maternal psychological control and child internalizing symptoms: Vulnerability and protective factors across bioregulatory and ecological domains. *Journal of Child Psychology and Psychiatry*.

Lansford, J., Yu, T., Erath, S. A., Pettit, G. S., Bates, J. E., & Dodge, K. A. (in press). Developmental precursors of risky sexual behavior. *Journal of Research on Adolescence*.

Erath, S. A., El-Sheikh, M., & Cummings, E. M. (2009). Harsh parenting and child externalizing behavior: Skin conductance level reactivity as a moderator. *Child Development, 80*, 578-592.

El-Sheikh, M., Kouros, C., Erath, S. A., Cummings, E. M., Keller, P. S., & Staton, L. (2009). Marital conflict and children's externalizing behavior: Interactions between parasympathetic and sympathetic nervous system activity. *Monographs of the Society for Research on Child Development*.

Erath, S. A., Pettit, G. S., Dodge, K. A., & Bates, J. E. (2009). Who dislikes whom, and for whom does it matter: Predicting aggression in middle childhood. *Social Development, 18*, 577-596.

Erath, S. A., Flanagan, K. S., & Bierman, K. L. (2008). Early adolescent school adjustment: Associations with friendship and peer victimization. *Social Development, 17*, 853-870.

Flanagan, K. S., Erath, S. A., & Bierman, K. L. (2008). Unique associations between peer relationships and social anxiety in early adolescence. *Journal of Clinical Child and Adolescent Psychology, 37*, 759-769.

Lansford, J. E., Erath, S. A., Yu, T., Pettit, G. S., Dodge, K. A., & Bates, J. E. (2008). The developmental course of illicit substance use from age 12 to 22: Links with depressive, anxiety, and behavior disorders at age 18. *Journal of Child Psychology and Psychiatry, 49*, 877-885.

El-Sheikh, M., Erath, S. A., Buckhalt, J. A., Granger, D. A., & Mize, J. (2008). Cortisol and children's adjustment: The moderating role of sympathetic nervous system activity. *Journal of Abnormal Child Psychology, 36*, 601-611.

Greening, L., Stoppelbein, L., Fite, P., Dhossche, D., Erath, S., Brown, J., Cramer, R., & Young, L. (2008). Pathways to suicidal behavior in childhood. *Suicide and Life-Threatening Behavior, 38*, 38-45.

- Erath, S. A., Flanagan, K. S., & Bierman, K. L. (2007). Social anxiety and peer relations in early adolescence: Behavioral and cognitive factors. *Journal of Abnormal Child Psychology*, *35*, 405-416.
- El-Sheikh, M., Erath, S. A., & Keller, P. S. (2007). Children's sleep and adjustment: The moderating role of vagal regulation. *Journal of Sleep Research*, *16*, 396-405.
- El-Sheikh, M., Keller, P. S., & Erath, S. A. (2007). Marital conflict and risk for child maladjustment over time: Skin conductance level reactivity as a vulnerability factor. *Journal of Abnormal Child Psychology*, *35*, 715-727.
- El-Sheikh, M., Buckhalt, J. A., Granger, D. A., Erath, S. A., & Acebo, C. (2007). The association between children's sleep disruption and salivary Interleukin-6. *Journal of Sleep Research*, *16*, 188-197.
- Erath, S. A., Bierman, K. L., & Conduct Problems Prevention Research Group (2006). Aggressive marital conflict, maternal harsh punishment, and child aggressive-disruptive behavior: Evidence for direct and mediated relations. *Journal of Family Psychology*, *20*, 217-226.
- Cepeda-Benito, A., Reynoso, J. T., & Erath, S. A. (2004). Meta-analysis of the efficacy of nicotine replacement therapy for smoking cessation: Differences between men and women. *Journal of Consulting and Clinical Psychology*, *72*, 712-722.
- Williams, T. L., Gleaves, D. H., Cepeda-Benito, A., Erath, S. A., & Cororve, M. B. (2001). The reliability and validity of a group administered version of the body image assessment. *Assessment*, *8*, 37-46.
- Cepeda-Benito, A., Reynoso J., Erath, S. A. (2000). Dose response analyses of associative tolerance to nicotine analgesia in the rat: Tail-flick and hot-plate tests. *Experimental and Clinical Psychopharmacology*, *8*, 112-116.
- Cepeda-Benito, A., Gleaves, D. H., Williams, T. L., & Erath, S. A. (2000). The development and validation of the state and trait food cravings questionnaires. *Behavior Therapy*, *31*, 151-173.

### **Book Chapters**

- Erath, S. A. (2009). Social skills in childhood. In H. T. Reis & S. K. Sprecher (Eds.), *Encyclopedia of Human Relationships*. Sage.
- Bierman, K. L., & Erath, S. A. (2006). Promoting social competence in early childhood: Classroom curricula and social skills coaching programs. In K. McCartney & D. Phillips (Eds.), *Blackwell Handbook of Early Childhood Development* (pp. 595-615). Malden, MA: Blackwell.
- Parker, J. G., Rubin, K. H., Erath, S. A., Wojslawowicz, J. C., & Buskirk, A. A. (2006). Peer relationships, child development, and adjustment: A developmental psychopathology perspective. In D. Cicchetti & D. J. Cohen (Eds.), *Developmental Psychopathology, Volume 1, Theory and Methods, Second Edition*. (pp. 419-493). Hoboken, NJ: Wiley.

Bierman, K. L., & Erath, S. A. (2004). Prevention and intervention programs promoting positive peer relations in early childhood. In *Encyclopedia on Early Childhood Development*. Centre of Excellence for Early Childhood Development Website. <http://www.excellence-earlychildhood.ca/>.

Erath, S. A., & Flanagan, K. S. (2004). School Adjustment. In W. E. Craighead & C. B. Nemeroff (Eds.), *The Concise Corsini Encyclopedia of Psychology and Behavioral Science*, 3<sup>rd</sup> Edition.

### **Professional Presentations**

Tu, K, Erath, S. A., Flanagan, K. S., & Bierman, K. L. (2009). *Other-sex friendships in early adolescence: Are they linked with social competence?* Poster presented at the biennial meeting of the Society for Research in Child Development.

Erath, S. A., & El-Sheikh, M. (2009). *Predicting childhood internalizing levels: HPA x PNS interactions*. Paper presented at the biennial meeting of the Society for Research in Child Development.

Erath, S. A., Pettit, G. S., Dodge, K. A., & Bates, J. E. (2009). *Who dislikes whom: Characteristics of children in mutual dislike dyads that promote or deter aggression*. Paper presented at the biennial meeting of the Society for Research in Child Development.

Pettit, G. S., Erath, S. A., Lansford, J. E., Dodge, K. A., & Bates, J. E. (2009). *Competence, social capital, and life adjustment*. Paper presented at the biennial meeting of the Society for Research in Child Development.

El-Sheikh, M., Kouros, C. D., Erath, S. A., & Keller, P. S. (2009). *Marital aggression and children's adjustment: Interactions between parasympathetic and sympathetic nervous system activity*. Paper presented at the biennial meeting of the Society for Research in Child Development.

Erath, S. A., Flanagan, K. S., Bierman, K. L., & Hurley, A. J. (2008). *Social anxiety and psychosocial maladjustment in early adolescence: Friendship as a protective factor*. Poster presented at the biennial meeting of the Society for Research on Adolescence. Chicago, IL.

Lansford, J., Yu, T., Erath, S. A., Pettit, G. S., Bates, J. E., & Dodge, K. A. (2008). *Developmental precursors of risky sexual behavior*. Paper presented at the Conference on Human Development, Indianapolis, IN.

Lansford, J. E., Erath, S. A., Yu, T., Pettit, G. S., Dodge, K. A., & Bates, J. E. (2008). *The developmental course of illicit substance use from age 12 to 22: Links with depressive, anxiety, and behavior disorders at age 18*. Paper presented at the Conference on Human Development, Indianapolis, IN.

Erath, S. A. (2007). *Marital conflict and child developmental outcomes*. Invited presentation at the African American Healthy Marriage Research Initiative Conference in Chapel Hill, NC.

Erath, S. A., Flanagan, K. S., & Bierman, K. L. (2007). *Adjustment to middle school: Contributions of friendships and peer victimization*. Paper presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

- Greening, L., Stoppelbein, L., Erath, S. A., Fite, P. J., Dhossche, D. (2007). *Application of path analyses for predicting suicidal behaviors among children*. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.
- Flanagan, K. S., Erath, S. A., & Bierman, K. L. (2006). *Heterogeneity in reports and experiences of peer victimization among preadolescents*. Paper presented at the biennial meeting of the Society for Research on Adolescence. San Francisco, CA.
- Erath, S. A., Flanagan, K. S., & Bierman, K. L. (2005). *Linking child social anxiety with social behavior and peer maladjustment*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.
- Erath, S. A., Bierman, K. L., & Conduct Problems Prevention Research Group. (2005). *Linking child behavioral profiles with engagement in social skills training*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.
- Erath, S. A., Flanagan, K. S., Bierman, K. L., & Wysong, R. (2004). *The short-term effects of an intervention for social anxiety among children*. Poster presented at the 38<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Flanagan, K. S., Erath, S. A., Bierman, K. L. (2003). *Social anxiety in early adolescence: A developmental perspective*. Poster presented at the 37<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Flanagan, K. S., Erath, S. A., Bierman, K. L., & Conduct Problems Prevention Research Group (2003). *The role of children's social behavior and social experiences in the development and maintenance of social anxiety*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Erath, S. A., Bierman, K. L., & Conduct Problems Prevention Research Group (2003). *Interrelations among marital functioning, parenting, and child adjustment*. Poster presented at the biennial meeting of the Society for Research in Child Development, Tampa, Florida.
- Flanagan, K. S., Erath, S. A., & Bierman, K. L. (2002). *Direct and Mediation Processes in the Development of the Quality of Adolescents' Friendships*. Poster presented at the Society for Research on Adolescence, New Orleans, LA.
- Collie, C.F., Erath, S. A., Hines, B., O'Brien, K., and Hughes, J.N. (2000). *Minimization of vulnerable emotions among aggressive children*. Poster presented at the American Psychological Association Annual Convention, Washington, D.C.

### **Ad hoc Reviewer**

Aggressive Behavior, Child Development, Development and Psychopathology, Journal of Abnormal Child Psychology, Journal of Adolescence, Journal of Applied Developmental Psychology, Journal of Child Psychology and Psychiatry, Journal of Clinical Child and Adolescent Psychology, Journal of Early Adolescence, Journal of Family Psychology, Parenting: Science and Practice, Social Development